

SKILLS AND BEHAVIORS CHECK LIST

APPLICANT'S NAME: _____ CSB: _____

DATE: _____

CHECK ALL ITEMS WHICH APPLY

1. EATING

- ☐ Takes soft food from a spoon
- ☐ Takes liquids from a cup
- ☐ Feeds self with fingers
- ☐ Feeds self with spoon with assistance
- ☐ Drinks from a cup with minimal assistance
- ☐ Feeds self with spoon neatly
- ☐ Feeds self with spoon and fork considerable spilling
- ☐ Feeds self with spoon and fork neatly
- ☐ Uses table knife for cutting or spreading
- ☐ Uses knife and fork correctly and neatly
- ☐ Uses napkin
- ☐ Drinks from a straw with minimal assistance
- ☐ Does not order at public eating places
- ☐ Orders simple meals like hamburgers
- ☐ Orders complete meals

2. MOBILITY

- ☐ Lifts head
- ☐ Rolls over
- ☐ Sits with support
- ☐ Crawls
- ☐ Pulls to stand
- ☐ Stands without support
- ☐ Unable to walk
- ☐ Walks only with assistance
- ☐ Limp or walks unsteadily
- ☐ Walks with no difficulty
- ☐ Stands on one foot for two seconds if asked
- ☐ Stands on "tip toe" for ten seconds if asked
- ☐ Walks up and down stairs alone
- ☐ Runs without falling
- ☐ Hops, skips or jumps

3. TOILETING

- ☐ Is diapered
- ☐ Uses toilet if placed there at frequent intervals
- ☐ Indicates need to use toilet
- ☐ Frequently has toilet accidents during the day
- ☐ Occasionally has toilet accidents during the day
- ☐ Never has toilet accidents during the day

3. TOILETING *continued*

- ☐ Never has toilet accidents
- ☐ Lowers pants at the toilet with out help
- ☐ Sits on the seat without help
- ☐ Uses toilet tissue appropriately
- ☐ Flushes toilet after use
- ☐ Puts on clothes without help
- ☐ Washes hands without help

4. DRESSING

- ☐ Must be dressed completely
- ☐ Resists when being dressed
- ☐ Cooperates passively when being dressed
- ☐ Cooperates when being dressed by extending arms and legs
- ☐ Removes simple articles of clothing
- ☐ Puts on simple articles of clothing
- ☐ Dresses self with help in pulling or putting on most clothes and fastening them
- ☐ Dresses self by pulling or putting on all clothes with verbal prompting and by fastening zipping, buttoning, snapping)
- ☐ Removes shoes without assistance
- ☐ Unties shoe laces without assistance
- ☐ Ties shoe laces without assistance
- ☐ Puts on shoes correctly without assistance
- ☐ Completely dresses self without assistance
- ☐ Chooses own clothing
- ☐ Chooses suitable clothing (for weather and cleanliness)
- ☐ Wipes and polishes shoes when needed
- ☐ Puts clothes in drawer or chest neatly
- ☐ Hangs clothes on hanger, neatly
- ☐ Puts dirty clothes in laundry without being reminded

5. GROOMING

- ☐ Makes no attempt to wash or dry self
- ☐ Resists when being washed or dried by others
- ☐ Cooperates when being washed and dried by others
- ☐ Attempts to use soap and wash self
- ☐ Dries hands and face
- ☐ Washes face and hands with soap when needed
- ☐ Washes and dries self reasonably well, with prompting
- ☐ Washes and dries self completely without prompts or assistance
- ☐ Prepares and completes bathing unaided
- ☐ Recognizes the need to bathe frequently
- ☐ Uses deodorant when prompted
- ☐ Uses deodorant when needed without prompting
- ☐ Brushes teeth with prompting
- ☐ Brushes teeth independently without reminders
- ☐ Combs or brushes hair with prompting
- ☐ Combs or brushes hair independently
- ☐ Shampoos hair
- ☐ Shaves
- ☐ Trims nails with assistance
- ☐ Trims nails independently
- ☐ Must be assisted with feminine hygiene during menstrual period
- ☐ Attends to own needs during menstrual period
- ☐ Blows nose when needed

6. COMMUNICATION

- ☐ Searches for sound with eyes
- ☐ Turns head toward sound
- ☐ Follows moving objects with eyes
- ☐ Listens to music
- ☐ Responds to "No"
- ☐ Nods head or smiles to express happiness
- ☐ Indicates wants by pointing or vocal noises
- ☐ Chuckles or laughs when happy
- ☐ Expresses anger by vocal noise
- ☐ Responds to directions, e.g., "come here"
- ☐ Communicates with gestures
- ☐ Communicates with sounds
- ☐ Speaks single words
- ☐ Speaks in phrases
- ☐ Speaks in sentences
- ☐ Answers simple questions
- ☐ Asks questions
- ☐ Expresses feelings and desires
- ☐ Relates experiences
- ☐ Uses complex sentences
- ☐ Understands directions requiring a decision

6. COMMUNICATION continued

- ☐ Understands directions referring to the order in which things must be done
- ☐ Understands directions containing prepositions, e.g., "on", "in", "above", etc.
- ☐ Speech is very difficult to understand
- ☐ Speech is somewhat difficult to understand
- ☐ Speech is easily understandable

7. SOCIALIZATION

- ☐ Recognizes own family
- ☐ Recognizes people other than family
- ☐ Has information about others, e.g., job, address, relation to self
- ☐ Shows affection to others
- ☐ Is careful not to hurt self
- ☐ Is careful not to hurt others
- ☐ Is careful not to disturb other's belongings or damage property
- ☐ Has preference for some persons over others
- ☐ Does not respond to others in a socially acceptable manner
- ☐ Does not participate in group activities
- ☐ Interacts with others imitatively with little interaction
- ☐ Interacts with others for a short period of time
- ☐ Participates in group activities if encouraged
- ☐ Participates in groups spontaneously and eagerly
- ☐ Plays simple games with others
- ☐ Cooperates and shares with others
- ☐ Willingly obeys simple commands
- ☐ Asks if there is something for him/her to do, e.g., chores or leisure activities
- ☐ Will not engage in assigned activities
- ☐ Initiates most of own activities
- ☐ Maintains control of self even when angry
- ☐ Seeks attention in an appropriate manner

8. SENSE OF DIRECTION

- ☐ Gets lost whenever he/she leaves his/her own living area
- ☐ Goes around cottage, ward, or home alone
- ☐ Goes around hospital ground or a few blocks from home without getting lost
- ☐ Goes a few blocks from hospital or school ground, or several blocks from home without getting lost

9. MONEY HANDLING

- ☐ Does not use money
- ☐ Uses money, but does not make change correctly
- ☐ Adds coins of various denominations, up to one dollar
- ☐ Makes change correctly but does not use banking facilities
- ☐ Uses banking facilities independently

10. PURCHASING

- ☐ Does no shopping
- ☐ Does shopping with close supervision
- ☐ Does shopping with slight supervision
- ☐ Makes minor purchases without help (candy, soft drinks, etc.)
- ☐ Buys own clothing accessories (
- ☐ Buys all own clothing

11. WRITING

- ☐ Cannot write or print any words
- ☐ Writes or prints own name
- ☐ Writes or prints ten words
- ☐ Writes or prints forty words
- ☐ Writes short notes and memos
- ☐ Writes sensible and understandable letters

12. READING continued.

- ☐ Recognizes ten or more words by sight
- ☐ Reads various signs, 'ONE WAY', 'NO PARKING', 'WOMEN', 'MEN'
- ☐ Reads simple stories or comics C) Reads books suitable for children seven years old
- ☐ Reads books suitable for children nine years
- ☐ Recognizes fewer than ten words or none at all or older

13. NUMBERS

- ☐ Has no understanding of numbers
- ☐ Discriminates between "one" and "many" or "lot"
- ☐ Counts two objects by saying "one two"
- ☐ Mechanically counts to ten
- ☐ Counts ten or more objects
- ☐ Does simple addition and subtraction

14. ROOM CLEANING

- ☐ Does not clean room at all
- ☐ Cleans room but not thoroughly
- ☐ Cleans room well, e.g., sweeping dusting, and tidying

5. TABLE CLEARING

- ☐ Does not clear table at all
- ☐ Clears table of unbreakable dishes and silverware
- ☐ Clears table of breakable dishes and glassware

16. TIME

- ☐ Has no understanding of time
- ☐ Associates time on clock with various actions and events
- ☐ Understands time equivalents, e.g., '9:15' is the same as 'quarter past nine'
- ☐ Understands •time intervals, e.g., between '3:30' and '4:30'
- ☐ Tells time by clock or watch correctly to the minute

17. FOOD PREPARATION

- ☐ Does not prepare food at all
- ☐ Prepares simple foods requiring no mixing or cooking, e.g., sandwiches, cold cereal, etc
- ☐ Mixes and cooks simple food, e.g., fries eggs, makes pancakes, cooks TV dinners, etc.
- ☐ Prepares an adequate complete meal (may use canned or frozen foods)

18. JOB COMPLEXITY

- ☐ Performs no work at all
- ☐ Performs simple work, e.g., simple gardening, mopping floors, emptying trash, etc
- ☐ Performs a job requiring use of tools or machinery, e.g., shop work, sewing, etc.

19. ATTENTION

- ☐ Will pay attention to purposeful activities for at least five minutes
- ☐ Will pay attention to purposeful activities for at least 15 minutes
- ☐ Will pay attention to purposeful activities for more than 15 minutes, e.g., playing games, reading, cleaning up

20. PERSONAL BELONGINGS

- ☐ Not responsible at all does not take care of personal belongings
- ☐ Unreliable seldom takes care of personal belongings
- ☐ Usually dependable usually takes care of personal belongings
- ☐ Very dependable——usually takes care of personal belongings

21. MALADAPTIVE BEHAVIOR

For each item checked, please indicate the frequency of the behavior.

- ☐ Threatens or does physical violence to others _____
- ☐ Damages own or other's property _____
- ☐ Disrupts other's activities _____
- ☐ Uses profane or hostile language _____
- ☐ Is rebellious, e.g., ignores regulations, resists following instructions _____
- ☐ Runs away or attempts to run away _____
- ☐ Is untrustworthy, e.g., takes other's property, lies or cheats _____
- ☐ Displays stereotyped behaviors, e.g., rocks body back and forth, has hands in motion _____
- ☐ Removes or tears off own clothing _____
- ☐ Does physical violence to self _____
- ☐ Is hyperactive, e.g., will not sit still for any length of time _____
- ☐ Displays heterosexual behavior that is socially unacceptable _____
- ☐ Displays homosexual behavior that is socially unacceptable _____
- ☐ Displays other unacceptable sexual behavior, e.g., masturbates, exposes self _____
- ☐ Requires seclusion _____
- ☐ Requires restraint _____

Additional comments and/or concerns: _____

Information provided by: _____
